

*Please check any activities you may be interested in:*

- Adventure Challenge Course
- Beach Volleyball
- Mountain Biking on Trails
- Canoeing/Kayaking
- High Ropes Challenge Course
- Hiking/Walking
- Fitness Activities  
(Yoga, Zumba, Butts & Gutts)
- Shopping (Outlets in West Branch)
- Climbing Tower
- Cross Country Run/Walk

*The following services will be available at an additional cost and are paid at time of service:*

- Crafts
- Massage
- Reiki
- Manicures
- European  
Facials/Facials
- Eye Brow  
Waxing
- Hair Care/  
Styling
- Pedicures/Foot  
Scrub & Massage



*Sign up for activities will begin at 7:30 p.m Friday evening.*

## CAN'T MISS IT ~ 2010 ~

- Ice Cream Social
- Cross Country Run/Walk
- Butts & Gutts Aerobics Class
  - Salsa Dancing
- FUN Theme Night
- Games & Contests



WGW is sponsored by:

**Tanger**Outlets  
West Branch, Michigan

[www.tangeroutlet.com/westbranch](http://www.tangeroutlet.com/westbranch)

**1-800-406-8874**

*Please show this brochure in the Tanger  
Outlet Center office to receive  
a FREE savings book!  
1 per person*

## WOMEN'S *getaway* WEEKEND

APRIL 23-25  
2010



YMCA  
**Camp Timbers**  
West Branch, MI

## Getaway Weekend

Friday night begins with a beverage and munchies reception, followed by a "slightly crazy" social activity to get you acquainted with fellow campers.

Saturday is yours to do as little or as much as you please. Curl up by the fireplace to read a book, pamper yourself with a makeover, or work out in an aerobic class. Choose from a variety of social to physically challenging activities that are listed on the back of this brochure.

**This weekend is yours to enjoy with a balance of health, wellness and social activities...**

*ENJOY!*

## Living Arrangements

Cabin assignments will be made after arrival at camp (we will accommodate preferences in cabinmates). Participants need to check in at the registration table for cabin assignments. Registration will take place after 4:00 p.m.

**Weekend arrival after 4:00 p.m. please.**

## Facilities

Camp Timbers facilities include 16 winterized cabins, which each sleep 12 people. Restrooms are in shared shower-house facilities with private stalls. There are recreational fields, 300 acres of forest, trails and a well equipped water front.



## Leadership

Getaway weekend staff are professional YMCA staff and volunteer specialists, qualified in their field of instruction.

## Registration

Register early to reserve your spot!  
**Registration deadline is April 9th.**  
Limited to the first 90 registrations.

**Date:** April 23-25, 2010  
Arrival 4:00 p.m. Friday

**Cost:** \$90 (Fee includes lodging, meals and t-shirt)  
*Last registration April 10-21 is \$110 and will not qualify for the FREE gift shirt.*

**Upon registration, you will receive a confirmation packet including a packing list, menu, map to camp, schedule and specific information about the programs and camp activities.**

## Location

From the south take I-75 north to exit 212 (West Branch). Turn right toward West Branch. Turn right on Fairview Road next to Rite Aid Pharmacy. Follow Fairview 5 miles to top of BIG hill; turn left onto Clear Lake; turn right onto Horseshoe Lake Road next to Clear Lake Party Store. Follow Horseshoe Lake Road one mile. At 90-degree turn, go straight into Camp Timbers. Stay right in camp to Woodland Lodge.

**Camp Timbers phone number is 989.345.2630**

## Transportation

Please arrange your own transportation. For a detailed map, contact the YMCA

# WOMEN'S getaway WEEKEND

*Meals include Friday's Ice Cream Social, Saturday Breakfast and Lunch, Saturday Theme Dinner, Saturday evening Mixer Snacks, and Sunday Brunch.*

## REGISTRATION

**Registration Deadline: April 9 • Cost: \$90**  
*(Late registration April 10-21 is \$110)*

Name \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Cabin Preference \_\_\_\_\_

T-Shirt Size  S  M  L  XL  XXL

Send a Women's Getaway brochure to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Receipt # \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Date Paid: \_\_\_\_\_

**Stop by or mail registration form with the fee to:**

**Camp Timbers ~ YMCA of Saginaw**  
**1915 Fordney • Saginaw, MI 48601**  
**989.753.7721**

**(MC or Visa accepted). On the back, check activities you think you may enjoy. Date: April 23-25, 2010.**

**Camp Trading Post, along with vendor merchandise sales available throughout the weekend.**